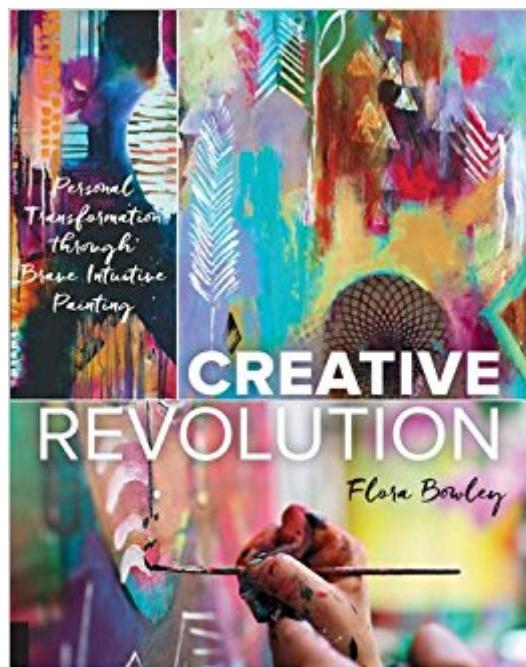


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# Creative Revolution: Personal Transformation Through Brave Intuitive Painting



## Synopsis

Painting can be so much more than a mere hobby - it can be a vehicle transforming your mind, body, and spirit! Painting and bravely embracing the challenges of creativity sparks a revolution that involves heart, creativity, courage, and trust! Artistic pursuits such as painting have the power to soothe, heal, and connect a person to their truest self. For author Flora Bowley, making art and expressing herself creatively have always served as potent forms of personal evolution and holistic healing. Creative Revolution is the reader's key to unlocking the door to their own personal journey while making beautiful art. Creative Revolution is the culmination of Flora's life's work as an artist, offering guidance for others to embrace their authentic selves through paint. She has taught more than sixty workshops since she wrote her first book, *Brave Intuitive Painting*, and has witnessed miraculous things when people engage with the intuitive painting process. Creative Revolution is the next best thing to taking a course from Flora. Many readers and students can't help but exclaim, "This was about so much more than painting!" After reading Creative Revolution, readers will have a deeper connection to their intuition, increased confidence to make bolder choices, freedom to let go and explore various options, an understanding that everything is transformable, the trust that it will all work out in the end, and a renewed sense that creating can be fun and playful. All of this powerful transformation begins with paint. Flora has been writing and reflecting on these transformational aspects of the creative process for years. Creative Revolution is an insightful and practical guide for realizing the transformational power of fully embracing your creativity.

## Book Information

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## Customer Reviews

Flora Bowley is an internationally celebrated painter, workshop facilitator, author, visionary, and

inspirationalist. Her soulful and transformational approach to painting has inspired thousands of people across the globe to "let go, be bold, and unfold" as they move through fear and welcome joyful spontaneous expression back into the creative process. Combining twenty years of professional painting experience with her background as a yoga instructor, massage therapist, and lifelong truth seeker, Flora infuses her teaching and painting style with a deep connection to body, mind, and spirit. This unique fusion offers up a truly transformational experience - one that honors intuition, self-discovery, and the perfect, ever-changing present moment. Flora's vibrant original paintings are sold in several galleries throughout the United States and her licensed product lines and prints are available worldwide. Flora is also the author of the book, *Brave Intuitive Painting*. She lives in Portland, Oregon.

Excellent book and a must have for your library. I love painting from intuition or painting whatever comes to you with no set pattern etc. Lots of great information.

Read this book from cover to cover. Loved it! Flora gave good ideas for creating art and also helpful advice to get the creativity flowing. I couldn't put it down. Fabulous book!!!

Great illustration. Good instruction.

Beautifully written book on being creative in your life through mind, body and spirit. I truly enjoyed reading this and being inspired to do a few things differently.

Loved it!

I have learned many helpful things from this book. Although it is not my style, the lessons can be used in my own paintings

The photos and paintings are beautiful. The quotations and text are inspiring. I love it all.

Love this book from one of my favorite artists. Very helpful, insightful & fun!

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